

## Activator Method

Incorporating the latest advances in orthopedic, neurological and chiropractic examinations, the Activator Method is a gentle, low-force approach that uses a series of isolation tests performed by the patient under the direction of Dr. Miller to determine where, when and how to deliver the adjustment.

The Activator itself is a small, hand-held instrument



which delivers a precisely measured, gentle thrust in a specific direction.



In wide use since the late 1960s, the Activator Method's gentle nature makes it suitable not only for the spine, but knees, shoulders, wrists, ankles and even the joints of the jaw.

