Logan Basic Technique

Logan Basic Technique is used to directly or indirectly normalize the position of

Lateral (Side)
Spinal Column

Cervical

Thoracic

Lumbar

Lumbar

Sacrum

Coccyx

Coccyx

the sacrum. Proper leverage, applied lightly at a precise spot will induce a response in the spine and muscles of the spine creating a balance in their pull upon the vertebrae.

This gentle but powerful technique releases deep muscle tension. Where strong pressure on the muscles often causes the body to tighten in

defense, a light pressure generally results in deep relaxation.



Dr. Miller uses Logan Basic Technique for infants and elderly alike as it is one of



the gentlest and one of the most potent chiropractic techniques in use.