

## ULTRASOUND

Ultrasound is a therapeutic treatment using high-frequency sound waves administered in the region of soft tissue injuries.

Sound vibrations penetrate tissues deep in the body, as fast as a million times per second, creating friction, and a heat response. These vibrations and heat help break down and disperse unhealthy calcium and other hard tissue accumulations.



Ultrasound treatment can usually be administered directly to the area of complaint, penetrating deep into the body. The rise in temperature increases blood flow, relaxes muscle spasms, massages damaged tissues and speeds the healing process.